

# *If you are a client*

I will not follow your personal account for reasons relating to confidentiality. If there are things online that you would like to share with me please bring them into session.

I ask that you don't use messaging on social media to contact me since it is not promised to be secure. I also can't guarantee that I can reply in a timely manner. If you have any questions regarding this please bring them to me in our hour.

# Disclaimer

This account is for educational & marketing purposes only and is not a substitute for therapy, diagnosis or consultation with a counsellor, psychotherapist, psychologist or doctor. No therapeutic relationship is formed by following or communicating with me on social media.

Follow, comment and engage with this platform at your own risk. If you are a current or past client you risk breaking your confidentiality by doing so.



# Disclaimer cont...

I am unable to reply to every direct message or provide individual tailored recommendations online. If you are looking for professional support [bacp.co.uk](http://bacp.co.uk) and [psychology today.com](http://psychologytoday.com) are excellent sites to connect with a qualified professional. If you are in crisis please contact 999, The Samaritans or your GP.

I assume no liability for any diagnosis, treatment or decision made, action taken or purchase made in reliance upon information contained in my social media pages.